

Small Classes * Convenient Location * Customized Series * Engaging * Interactive

Course Descriptions and Schedule

501. Introduction to Counseling Supervision

An overview of counseling supervision, what it is and is not, differences between counseling supervision, counseling, and administrative supervision, and roles and responsibilities of counselor supervisors.

502. The Developing Counseling Supervisor

Why become a counseling supervisor? Stages of development as a counselor, qualities and skills for effective counseling supervision, and identifying areas of growth will be addressed.

503. Becoming a Counseling Supervisor

Types of supervision models and what they look like in practice, advantages and disadvantages of individual, group, and peer supervision models, establishing a supervisory relationship.

504. Counseling Supervision in Practice

Strategies for counseling supervision process and practice, tackling tough issues in supervision, record keeping, tools and methods for supervision

505. Ethical Issues of Supervision

Ethics and supervision, guidelines for ethical counseling, and cases involving ethical dilemmas in counseling will be addressed.

506. Managing Stress and Preventing Burnout in Counseling Supervision

Healthy boundaries in counseling supervision, taking care of yourself, the role of mentoring and modeling in supervision.

507. Advanced Seminar in Counseling Supervision.

Special topics on counseling supervision for experienced practitioners. Dates, times, & locations TBA.

Counseling Supervision Training Workshop Number

Series	501	502	503	504	505	506
Select 1 class from each column to complete the series!						
March 2010	Fri 3/12 9-12pm	Fri 3/12 1-4pm	Fri 3/12 4-7pm	Fri 3/26 9-12pm	Fri 3/26 1-4pm	Fri 3/26 4-7pm
	Fri 3/19 9-12pm	Fri 3/19 1-4pm	Fri 3/19 4-7pm	Sat 3/20 9-12pm	Sat 3/20 1-4pm	Sat 3/20 4-7pm

To Register: Register on line at www.northshorewellness.com or complete the form on the reverse side and mail to: North Shore Wellness Services, #411, 3000 Dundee Rd., Northbrook, IL 60062. Or FAX forms to 847-205-0377.

Questions? Call (847) 205-0371 or send an information request via the website.

A Unique Training Opportunity

Here are just a few of the reasons you should become a part of our community of professional development at North Shore Wellness Services:

- 1. Small class sizes** to ensure everyone has an opportunity to engage and participate. The enrollment cap is set at 12.
- 2. Low registration fee always includes snacks and materials.** Classes cost \$50, unless otherwise indicated.
- 3. Easy access from I-94 and I-294, and free parking** steps from the front door. Wheelchair accessible facility.
- 4. Sessions are facilitated by a highly skilled educator** with special expertise in adult learning.

Feedback from Participants

"I took this class because it was required, but you made it a great experience. Thank you!"

"I appreciate how you have created and taught this educational series - the content, the setting, and your personal enthusiasm have made it more than just fulfilling a requirement."

"I like the open format that allows for peer discussion and information exchange."

Sorry, no refunds if class is held. Substitutions permitted. On-site registration as space allows for an additional \$10. Classes with less than 5 pre-registered participants will be cancelled at the discretion of the instructor. Participants will be notified 24-hours in advance and provided alternative class options.

Continuing Education Credits approved for counselors & social workers. Illinois CE Provider #159-000875. National Board for Certified Counselors (NBCC) CE Provider #6248.

